

JOIN US FOR ONE CONVERSATION OR THE WHOLE DAY!

YOU GOOD, BRO? 10 a.m.

This conversation will explore the spectrum of alcohol misuse and give participants the opportunity to gain a deeper understanding into their own relationship to alcohol. We will look at the current conversation around alcohol use and misuse and discuss topics ranging from social norms to the stress of transitions. Register at: yougoodbro.eventbrite.com

SOBER IS THE NEW DRUNK 11:30 a.m.

A session focusing on the resources available to students on campus. Recovering students and on-campus student supports will be invited to participate. Discussion will focus on the implementation of wellness groups and youth-directed recovery models. Lunch included. Register at: soberisthenewdrunk.eventbrite. com

DESIGNATED: RESPONSIBILITY AND CONSUMPTION

12:30 p.m.

Join us as we discuss individual and communal responsibility, talk about bystander intervention and look at ways to increase our collective sense of responsibility around impaired driving, interpersonal violence, mental health, and excessive alcohol consumption. Register at: designated.eventbrite.com







FREE PARKING in the Library Lot

American Sign
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and other auxiliary aids
and services are
available upon request. Please
contact 907-786-1511 or
bkupec@alaska.edu with at least
48-72 hours advance notice.