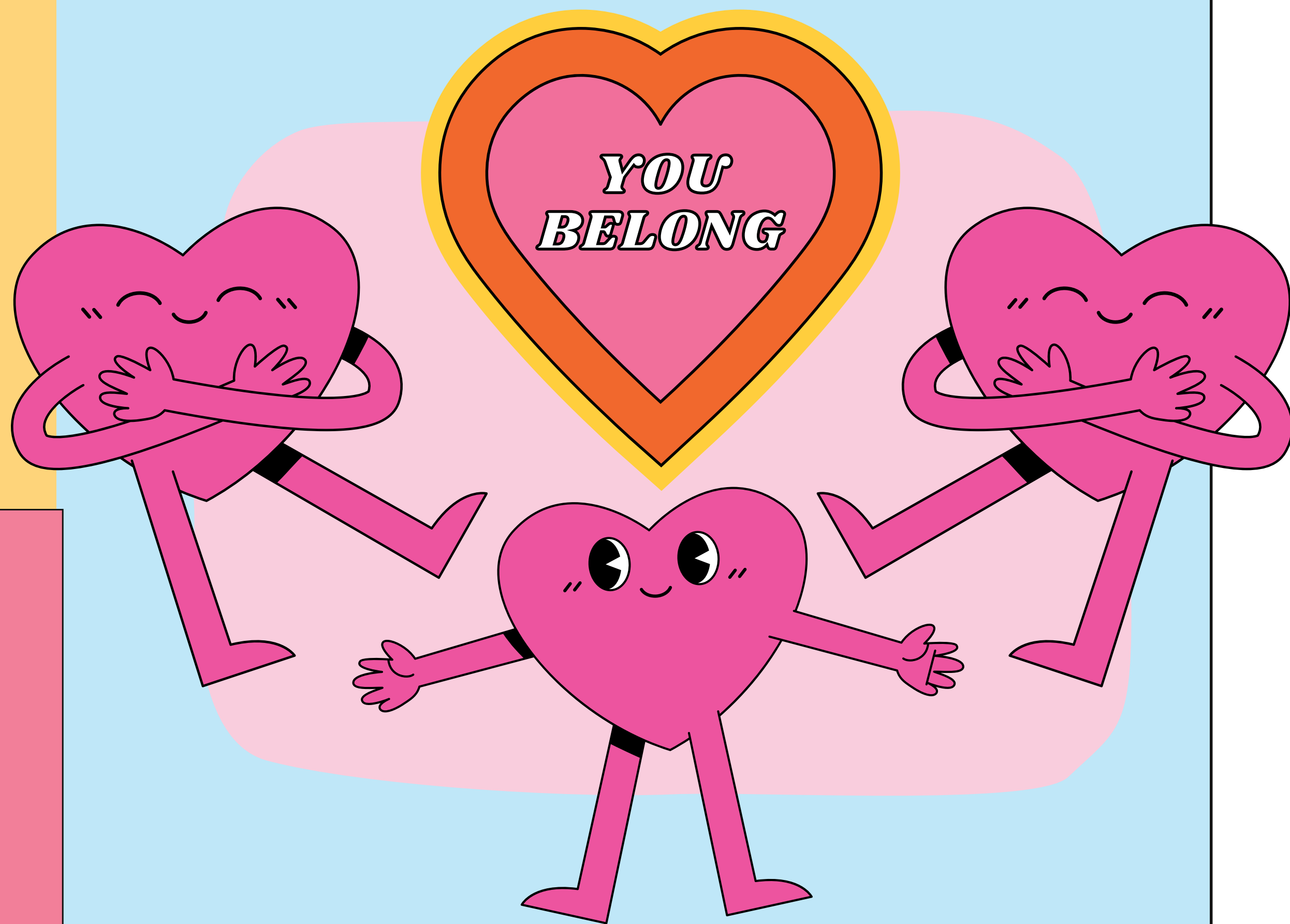


# COMING OUT DAY!

## OCTOBER 11TH

**Human Rights Campaign:**  
**Resource for living authentically**  
**as Lesbian, Gay, Bisexual, +**



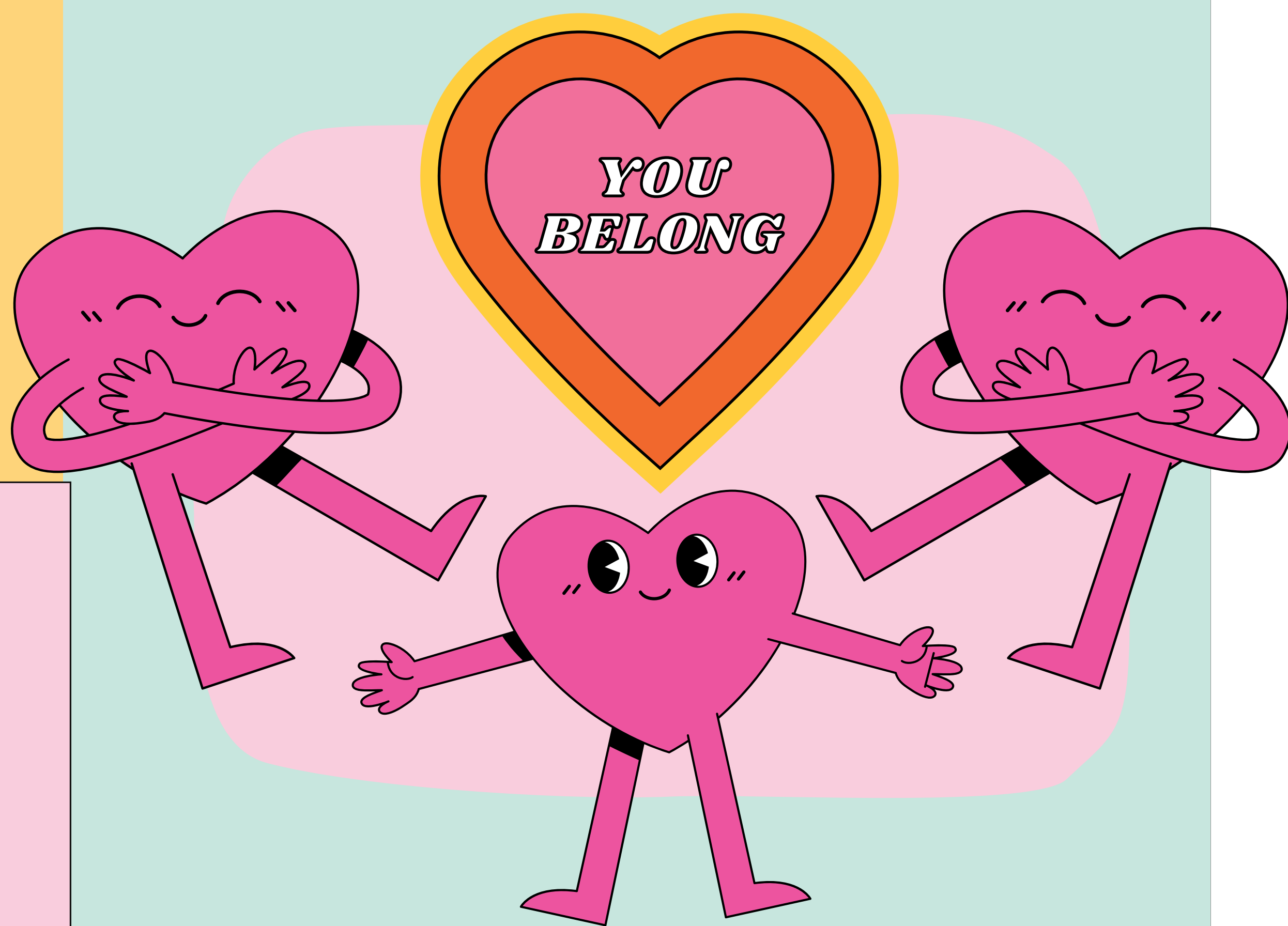
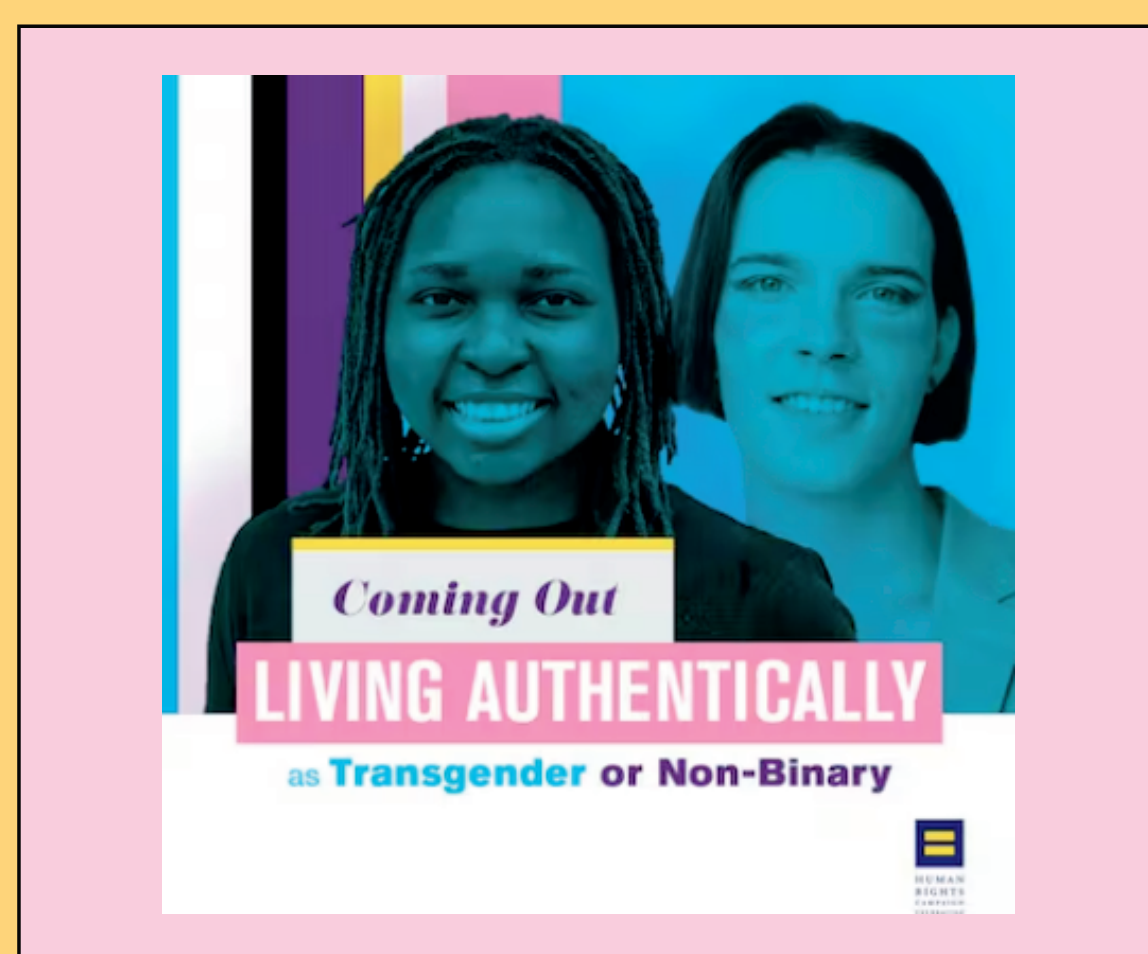
### Learn More:

- **Information, Affirmations and Support**
- **Examples and things to consider as you make plans to share**
- **Additional Resources**

# COMING OUT DAY!

## OCTOBER 11TH

**Human Rights Campaign:**  
**Resource for living authentically as  
Transgender or Non Binary**



### **Learn More:**

- **Information, Affirmations and Support**
- **Examples and things to consider as you make plans to share**
- **Additional Resources**

UAA LGBTQIA2S+ Committee

# NATIONAL COMING OUT DAY!

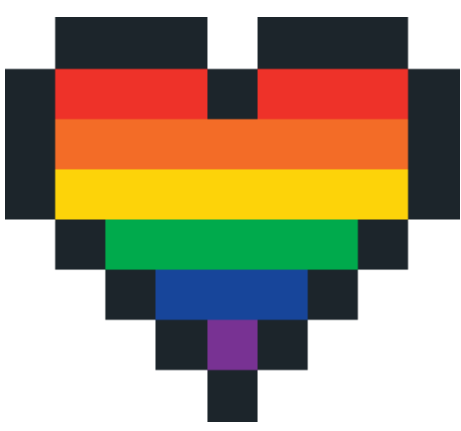
## OCTOBER 11TH

### Human Rights Campaign: Being an LGBTQ+ ally

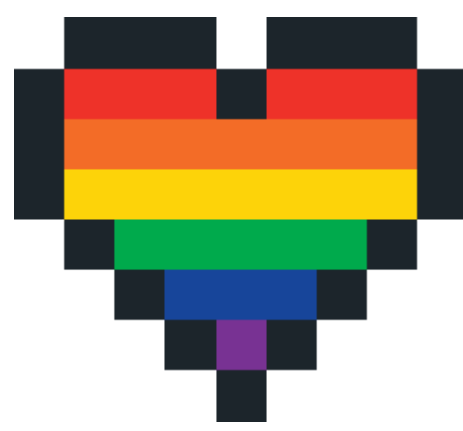


### Learn More:

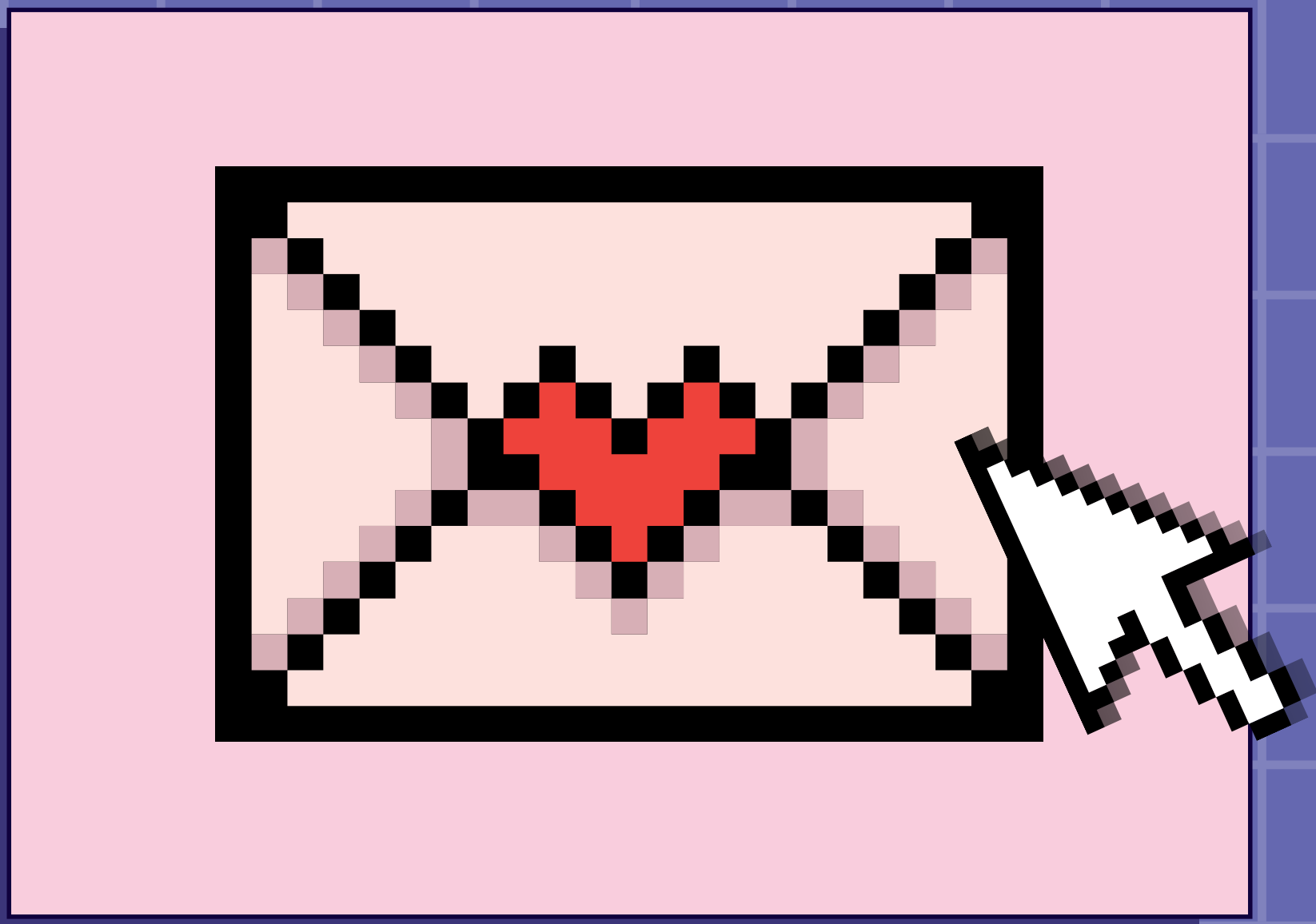
- **Information, History and Significance**
- **How to show support**
- **How to reassure and affirm those who invite you in**



# Inviting People in and Coming Out!



Happy National Coming Out Day!  
October 11th



Inviting people in:

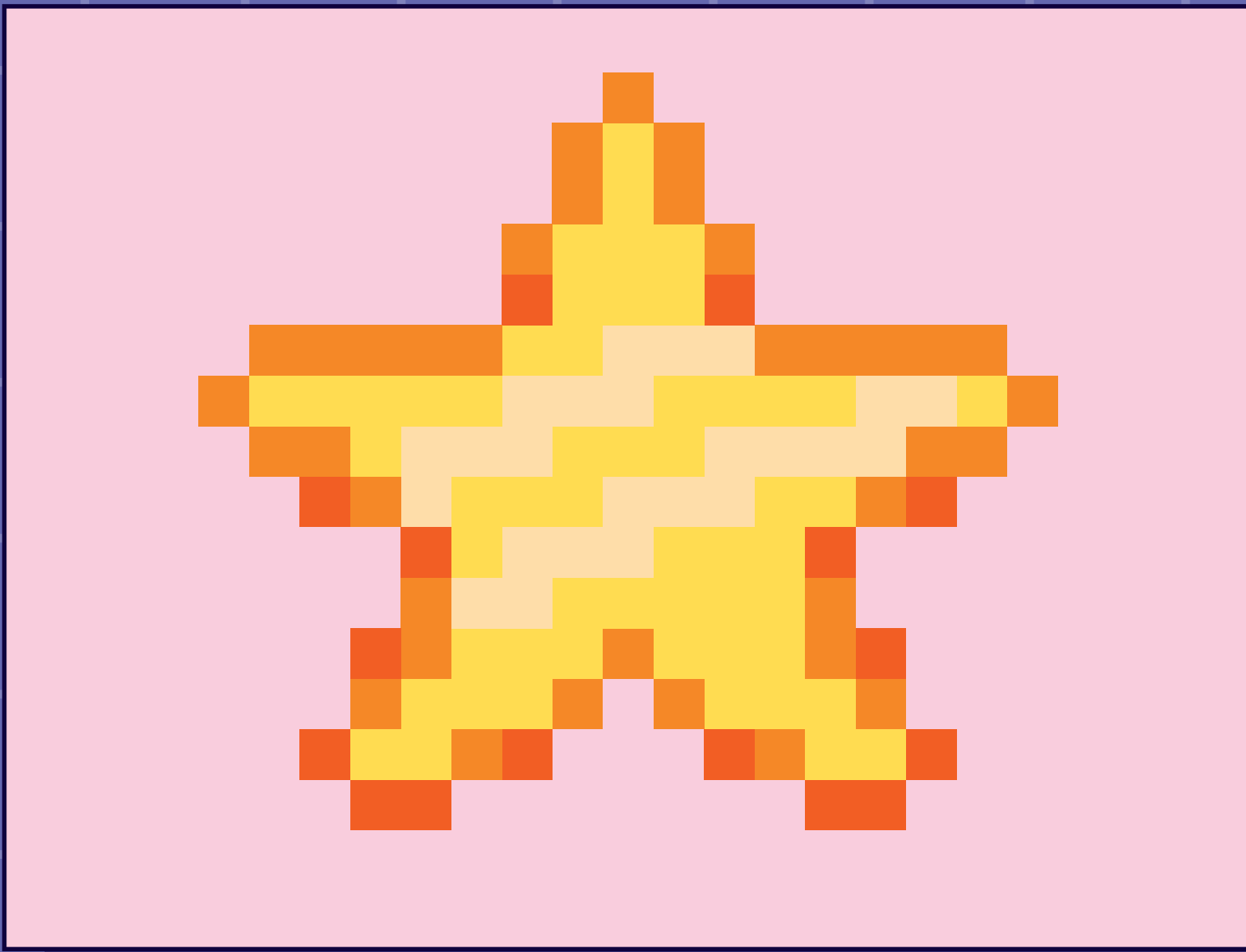
**Who you invite in to learn more about your identity is your choice**

**Invite in who you choose, in your own way and on your own timeline!**

Coming Out:

**You don't have to tell everyone all at once**

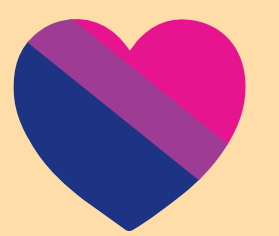
**No matter who knows or how people respond your identity is valid and real**



# If Someone Comes Out To You: Supportive Response

START

Hey friend,  
I want you to know  
that I am bisexual and gender fluid.



Yay buddy!!! :) <3 I  
support you !!! <3  
What pronouns would  
you like me to use?



My pronouns are  
She/They :)



Awesome!!!  
Want to go get  
boba ? :3

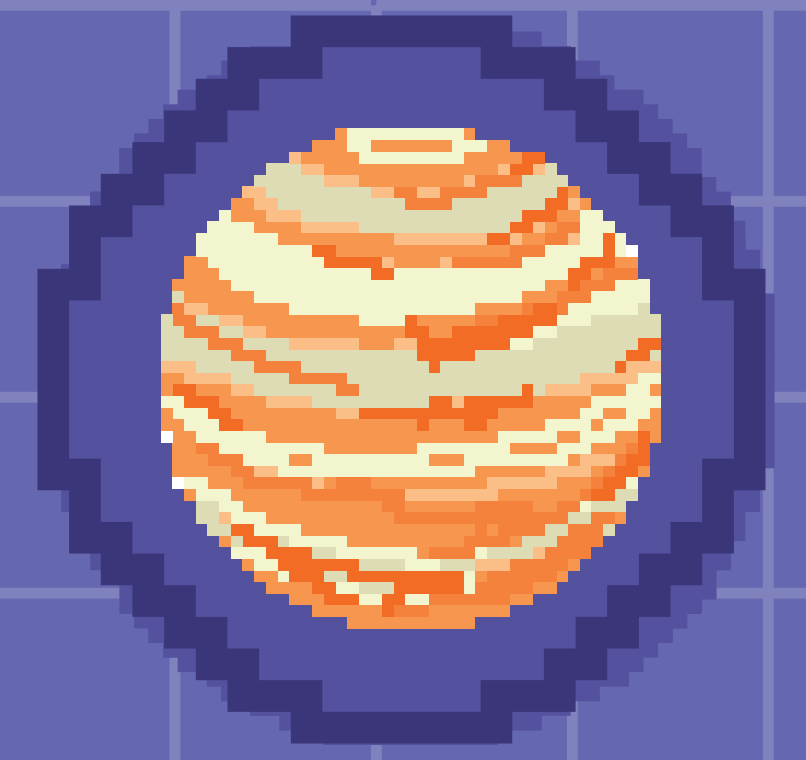
# If Someone Invites You In: Supportive Response

START

Hey friend,  
I've been wanting to  
tell you that I am  
attracted to people no  
matter their gender.



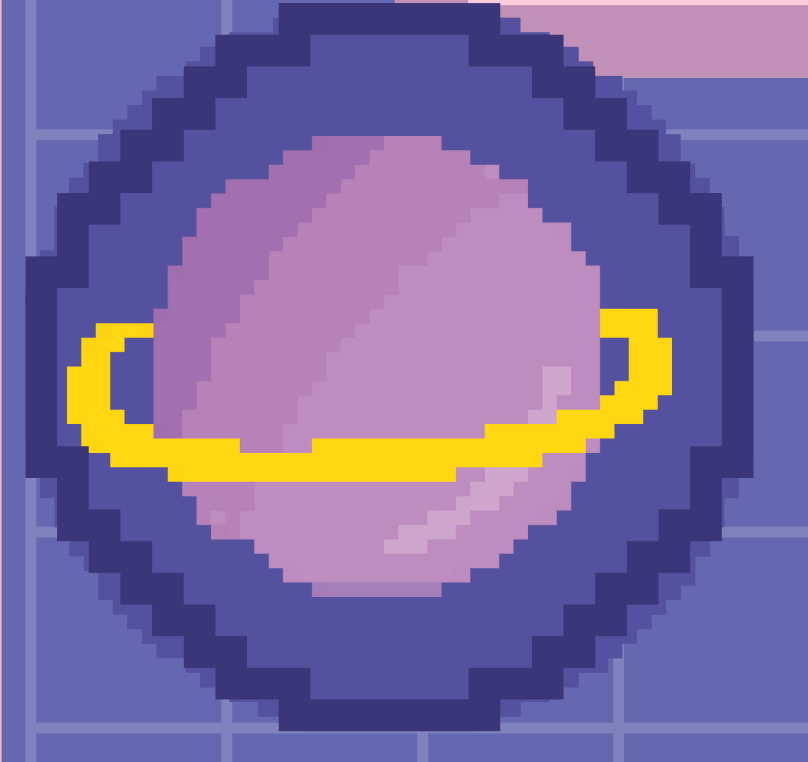
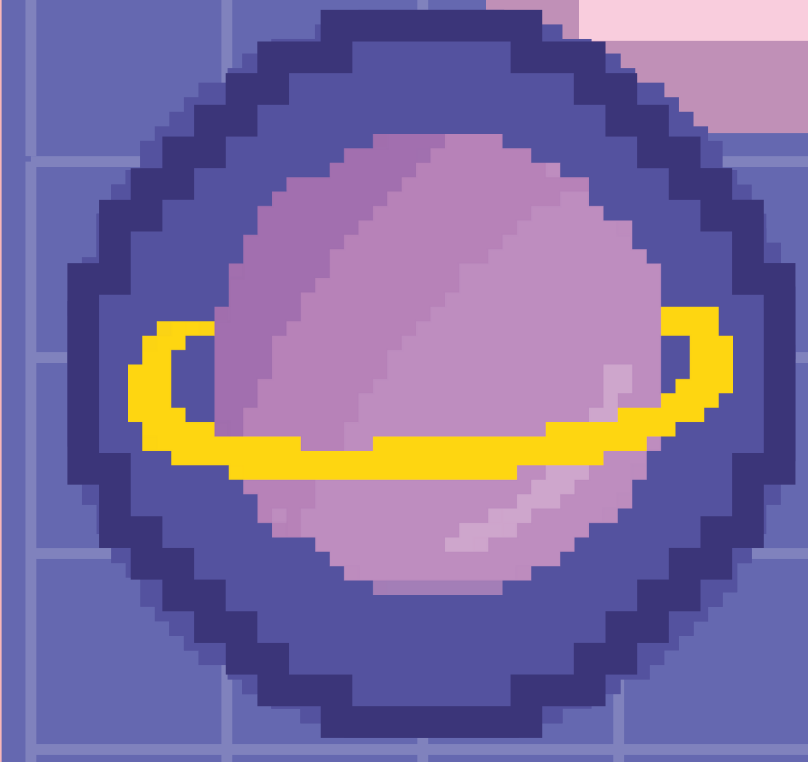
Oh! That's lovely. Thank  
you for sharing with me.  
How can I be here for  
you right now?

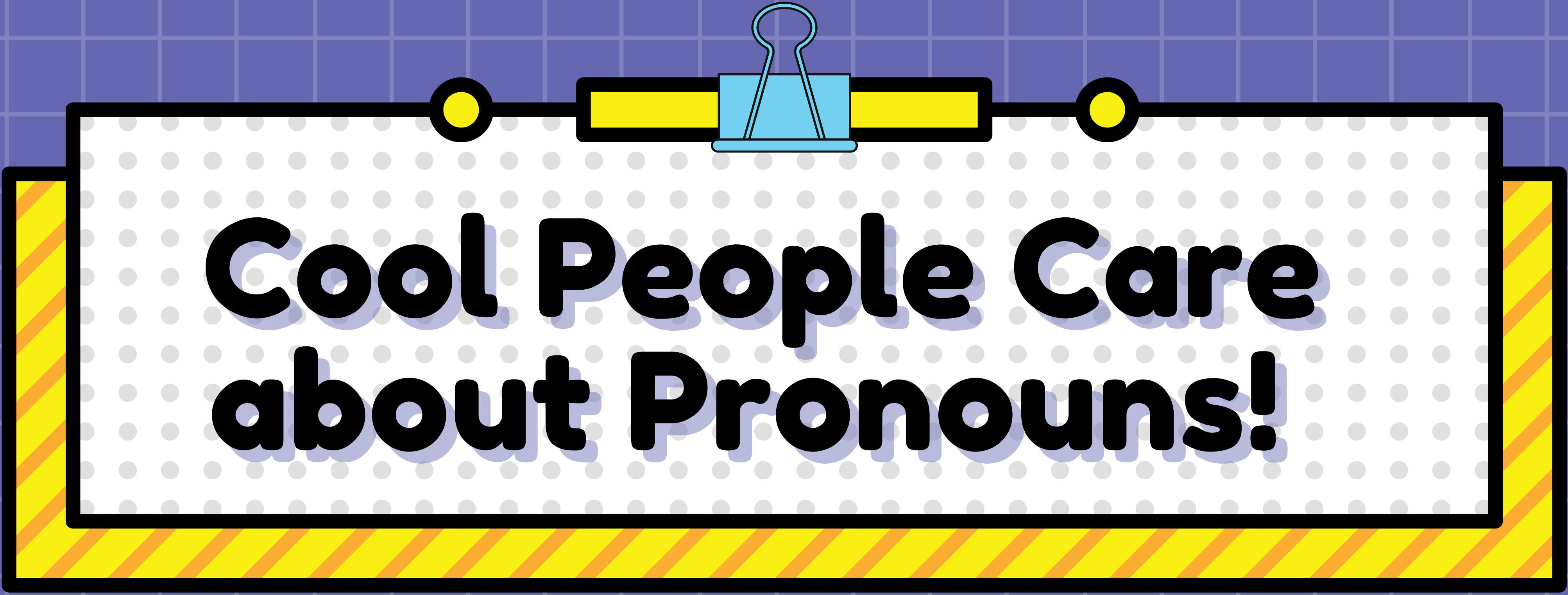


I am still figuring  
things out, but I am  
just glad to tell a  
friend.

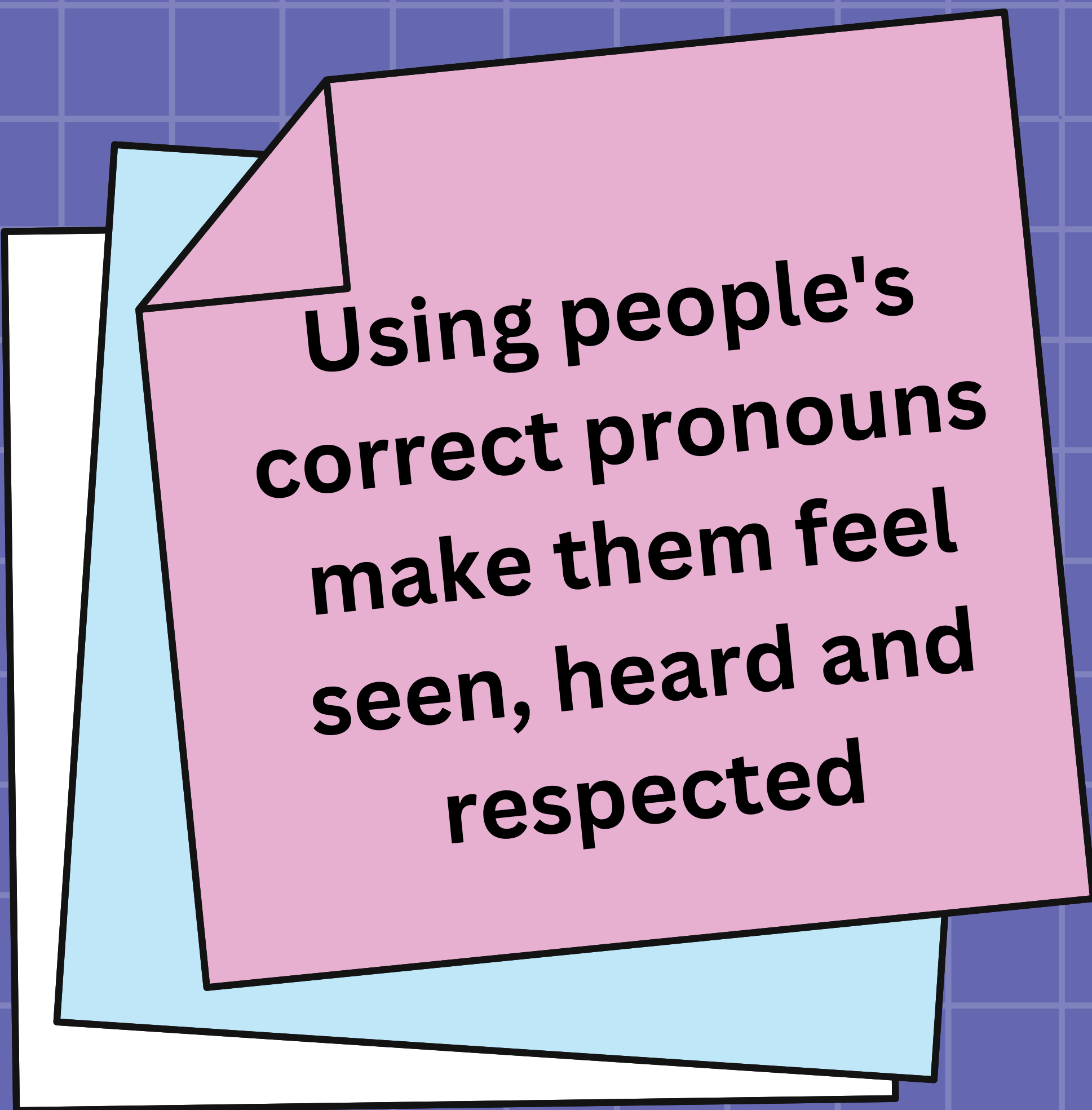


Glad to be that  
friend. I am always  
here for you!

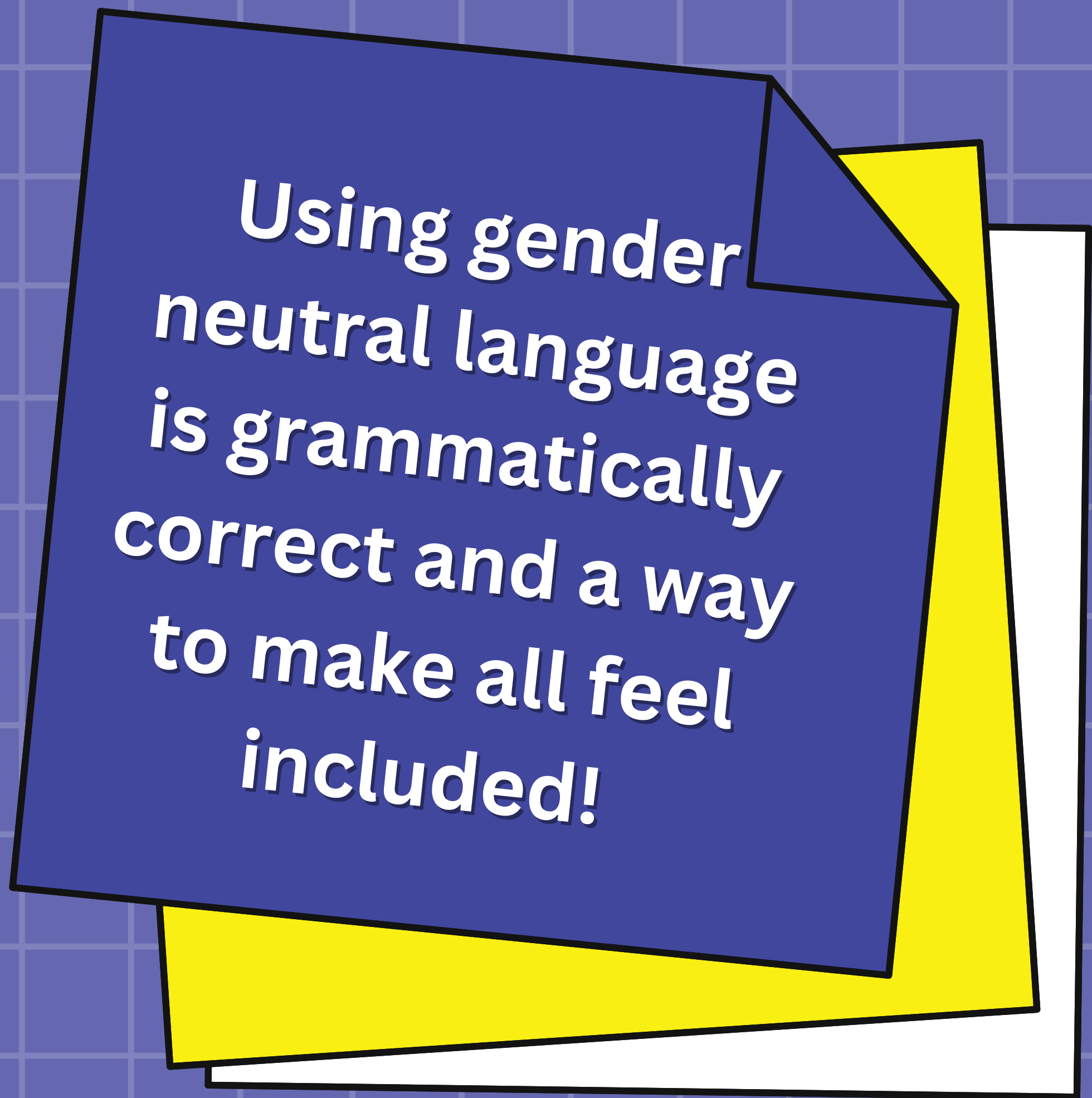




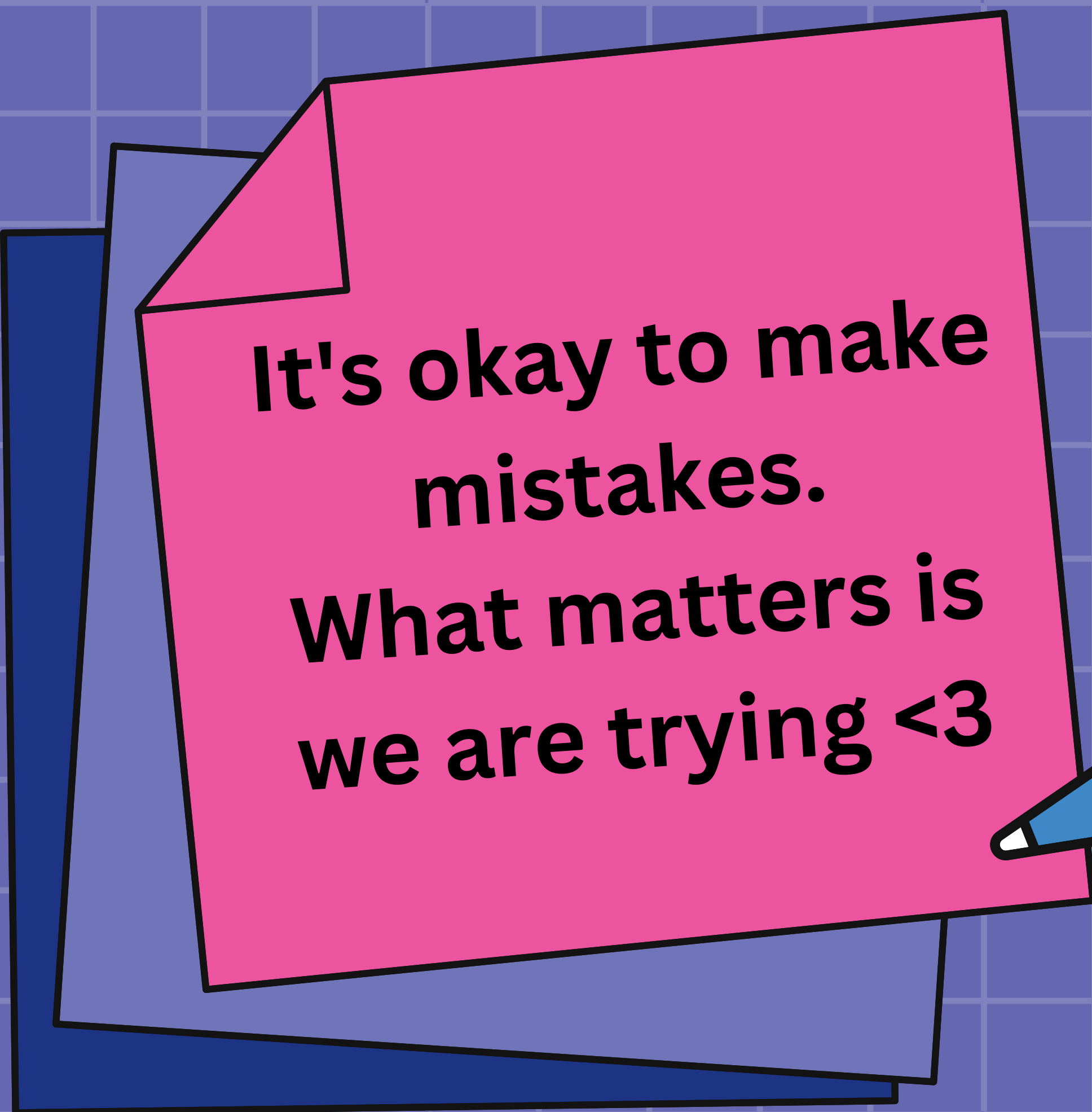
# Cool People Care about Pronouns!



Using people's correct pronouns make them feel seen, heard and respected



Using gender neutral language is grammatically correct and a way to make all feel included!



It's okay to make mistakes.  
What matters is we are trying <3

